

Cultural and Linguistic Competence Committees Meeting Minutes September 24, 2008

Courtyard Marriott 4422 Y Street Sacramento, CA 95817 (916) 403-9275

Committee Members Staff **Other Attendees** Nicole Behler Sergio Aguilar-Gaxiola Larry Trujillo, Commissioner Rocco Cheng Sandra Duval Sheri Whitt Rachel Guerrero **Beverly Whitcomb** Katherine Elliott Stacie Hiramoto Yee Xiong Patty Gainer JoAnn Johnson Sharon Garcia Gaines Lyons Cristiana Giordano Arnulfo Medina Vincent Herrera Mack Mock Janet King Leticia Alejandrez Laura Leonelli Catherine Nou Antonia Taylor

| Agenda Item | Discussion | Action(s) | Individual Responsible |
|---|--|-----------|---------------------------|
| Review & Approve Minutes | Minutes from June 2008 and July 2008 meetings approved | | |
| Review and Discuss Draft Issue Paper: Addressing Mental Health Disparities in the Mental Health Services Act | Committee was asked by Commissioners to define the terms, unserved, underserved, and inappropriately served, but the real issue is mental health disparities. These terms can have very different meanings and can be used very differently. | | |

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| | Matthew Mock suggested that several documents can support and help frame disparities issue: | | |
| | a. The Framework- adopted by the CMHDA | Secure these documents and send electronic copies to CLCC members | Staff |
| | b. CA Mental Health Master Plan, California Planning Council Chapter 3 | | |
| | c. CMHDA-Social Justice Paper | | |
| | Rocco Cheng commented that as we move towards integration, we need to outreach/engage to unserved and underserved, to expand focus, especially for PEI. | | |
| | Sergio Aguilar-Gaxiola added that the population of California is very diverse. A critical issue is the lack of access. He suggested to also looking at another document for in-depth understanding: | Need to make this point in the CLCC report to Commission | |
| | a. Prevention of Mental Health Disorders, Institute of Medicine | Secure document and send electronic copy to CLCC | Staff |
| | Larry Trujillo commented that there is a need to educate both the system and communities too. | members – to be released Nov/Dec 08 | |

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| Sheri Whitt commented that the committee should take the leadership to promote Aguilar-Gaxiola's approach. | | |
| Comments on Paper: | | |
| The terms, "Racism" and "White Privilege" should be included in the paper in order to understand the barriers to access and quality of treatment | | |
| Define "Racism" | | |
| Matthew Mock recommended viewing: | | |
| "Unnatural Causes: Is inequality making us sick?" www.unnaturalcauses.org | Secure document for CLCC | Staff |
| Community-Defined Evidence | | |
| The CLCC discussed how to address the recommendations in the Disparities paper regarding community-defined evidence. Guerrero suggested reviewing the Appendix to the Surgeon General's report on culture, race, and ethnicity. Guerrero also noted that Appendix 3 in PEI guidelines contains a definition of community-defined | Secure for CLCC Secure for CLCC | Staff |
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| | Guerrero concluded that communities self define their own strategies for wellness. | | |
| | JoAnn Johnson added evidence-defined strategies should be developed in partnership by honoring the needs of the community to carry out their strategies through resources and sustainability. The idea is to take the local community practices, and bring them forward to use across the state. | | |
| | Whitt suggested the CLCC should meet with CMHDA Social Justice Committee to share common goals. | | |
| CLCC Report to MHSOAC | Report is scheduled for January 2009. The CLCC should pull values from work plan | | |
| | Trujillo stated that the report should define the CLCC's goals, mission, and charter. | Secure Committee Charter for CLCC | Staff |
| | Stacie Hiramoto commented that the paper and report is too much to present to the Commission all at once. | | |
| | Johnson suggested prioritizing the presentation. | | |

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| | Platform for Report in January | | |
| | 1. Fact Sheet | | |
| | 2. Synopsis Presentation | | |
| | Report only on the disparities paper, including the following: | | |
| | Priorities | | |
| | Define activities | | |
| | Strategies | | |
| | Timeline | | |
| | Training | | |
| | Lyons suggested role- playing to help training on issues | | |
| | Methods to train/educate commissioners fall within two components: | | |
| | 1) Experiential | | |
| | 2) Information (in addition to disparities) | | |
| | Suggested approaches: | | |
| | 1. Panel Presentation (I) | | |
| | 2. DVD: Unnatural Causes (I) | | |
| | 3. Sight Visits (E) | | |
| | 4. Prejudice Exercise (E) (self reflection) from Harvard Rehabilitation Center (CDCR) - (Invite Person to give a presentation to CLC Committee?) | Research Survey | Staff |
| | | | |

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| | Goal is to provide several alternatives and opportunities to help Commissioners gain cultural competence. Recommends a list to Commissioners. | Develop a list of 4-5 choices | Staff |
| | Trujillo suggested that list can also be available to everyone else as well. Other ideas can be sent to Beverly Whitcomb. | Send ideas | Staff |
| PEI Statewide Project on Reducing Cultural and Ethnic Disparities | Rachel Guerrero presented slide on PEI Statewide project on Reducing Cultural and Ethnic Disparities, particularly on a proposal that will be used to reduce disparities. | Committee would like to hear about other feedback on the proposal at the next meeting. | Rachel Guerrero |
| | Comments: | | |
| | Evaluations should be pulled from the community to see what is best for them | | |
| | 2. Concerns exist regarding the capacity of one contractor to do all of the work; should be two separate RFP's: | | |
| | Multi-cultural coalition should be separated from PEI | | |
| | Subcontractors from different communities to represent multicultural | | |

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| | 4. communities will not be able to represent all individuals because diverse communities have their own identities (eg., subcontractors for API community can not represent all API communities.) | | |
| | 5. Whitt suggested five contractors from the five different communities, which could form this multicultural coalition. | | |
| Latino Coalition for a Healthy California Presentation | Vanessa Cajina, Regional Networks Coordinator, introduced the LCHC and gave an overview. | | |
| Announcements | Matthew Mock will be leaving CIMH in his role as Director of Multi-Cultural Services, CIMH | Will he continue to be a member of CLCC? | Staff |
| Feedback | Appreciate the honesty, the rich discussion, and feels good that the committee is moving towards deliverables. | | |
| Proposed Agenda | Meeting will take place Santa RosaLarry Trujillo suggested less hours | Staff will work on agenda for meeting in Santa Rosa | Staff |
| Adjourn | The meeting was adjourned at 4:30 pm | | |